

We would like to welcome everyone to the Northwest Tae Kwon Do YMCA Washington State Jr. TaeKwonDo Championship. Thank you all for the support and participation which has made our previous championships successful. We are inviting martial artists from all over the Northwest and we would like to extend a warm welcome to each and every one of you. Our primary goal at this event is to promote GOODWILL among all martial arts. Our divisions have been arranged to give a fair opportunity to all competitors. We hope that this is a great event for all of you, and we will try to make this a memorable and enjoyable Tournament for all.

GOOD LUCK TO ALL OF YOU,

Best Wishes,  
Master Ric Gordon

This tournament will be governed by AAU rules. See the [AAU Rule Book](#) for details.

TOURNAME MASTER RIC GORDON  
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DIRECTOR:  
DATE: Saturday, June 9th, 2007

PLACE: Lakewood YMCA  
9715 Lakewood Dr. SW  
Lakewood WA 98499

SCHEDULE: Registration at 7:30 am  
Referee meeting at 8:00 am  
Ages: 12-17 Report at 8:30 am  
Competition at 10:00 am  
Ages: 4 – 7 Report at 9:30 am  
Competition at 11:00 am  
Ages: 8 – 11 Report at 10:30 am  
Competition at 12 pm

ENTRY FEE: \$35: Before 2 Jun 07  
\$40: After 2 Jun 07



EVENTS: World of Forms Competition  
Olympic Full Contact Sparring  
(Round Robin Elimination)

DRIVING DIRECTIONS

I-5 exit 127:  
Take exit 127, Puyallup-S. Tacoma Way exit, Go right onto S. Tacoma Way, Turn left onto 100<sup>th</sup> Street SW, Turn right onto Lakewood Dr. SW. Lakewood YMCA will be on your right side

SPARRING RULES: White, Yellow, Orange, Purple, Green, Blue, Brown, Red Belts (Olympic)  
Olympic / Full Contact Modified Junior Olympic Championship rules will apply.

EQUIPMENT REQUIRED:

Uniforms, Forearm, Shin/Insteps, Head & Chest protectors, and mouth guards

- 1) No heavy face contact
- 2) Body contact with protector

SPARRING ROUNDS: Black belts – 2 min, 2 rounds  
All Color belts – 1.5 min, 2 rounds  
(30 second rest period, All belts)

PROCEEDS: Go to support AAU schools and "Team Washington"

METHOD OF PAYMENT

\_\_\_ Cash \_\_\_ Check \_\_\_ Visa \_\_\_ MasterCard  
Card Number \_\_\_\_\_

Expiration Date \_\_\_\_\_

Print Name \_\_\_\_\_

Signature \_\_\_\_\_

**YMCA Youth Taekwondo Tournament**  
**Location: Lakewood YMCA**  
**June 9<sup>th</sup>, 2007**  
**Registration 9am. Event Begins at 10am**  
Phone: 253-536-1146  
<http://www.nwtaekwondofirst.org>

First Event: \$40, Additional events: \$10 per  
Discount for Team Washington members

Name: \_\_\_\_\_ AGE: \_\_\_\_\_ Male ( ) Female ( )

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell phone: \_\_\_\_\_

School Name: \_\_\_\_\_ Instructor: \_\_\_\_\_ Style: \_\_\_\_\_

Rank: \_\_\_\_\_ E-mail: \_\_\_\_\_

Division # \_\_\_\_\_ # \_\_\_\_\_ # \_\_\_\_\_

Total Divisions entered: \_\_\_\_\_ Amount enclosed: \_\_\_\_\_

It is understood and agreed that all activities, exercises, workouts and drills, undertaken by me will be at my own risk and in consideration of such participation I do hereby, for myself, my heirs, executors, and administrators, release and discharge Northwest Taekwondo Association and the YMCA, or any member or officer thereof, from all liability for injuries to my person or property occasioned by or in any way connected with my participation in and said event.

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Signature of Applicant

Parent / Guardian Signature

Date: \_\_\_\_\_

**YMCA Youth Taekwondo Tournament**  
**June 9<sup>th</sup>, 2007**  
**Registration 9am. Event Begins at 10am**

**Forms Divisions**

**White Belts Boys & Girls Open Style Forms**

F1 ( ) 8 yrs & under

F2 ( ) 9-11 yrs

F3 ( ) 12-15 yrs

F4 ( ) 16 & older

**Yellow Belts Boys & Girls Open Style Forms**

F5 ( ) 8 yrs & under

F6 ( ) 9-11 yrs

F7 ( ) 12-15 yrs

F8 ( ) 16 & older

**Purple & Orange Belts Boys & Girls Open Style Forms**

F9 ( ) 8 yrs & under

F10 ( ) 9-11 yrs

F11 ( ) 12-15 yrs

F12 ( ) 16 & older

**Blue & Green Belts Boys & Girls Open Style Forms**

F13 ( ) 8 yrs & under

F14 ( ) 9-11 yrs

F15 ( ) 12-15 yrs

F16 ( ) 16 & older

**Red & Brown Open Style Forms**

F17 ( ) Male

F18 ( ) Female

**Black Belts Open Style Forms**

F19 ( ) Male

F20 ( ) Female

**Weapons Forms Divisions**

W21 ( ) All ages white belts

W22 ( ) All ages color belts

W23 ( ) All ages male/female brown belts

W24 ( ) All ages female black belts

W25 ( ) All ages male black belts

**Olympic Sparring Divisions**

**White Belts Boys & Girls Open Style Forms**

F1 ( ) 8 yrs & under  
F2 ( ) 9-11 yrs  
F3 ( ) 12-15 yrs  
F4 ( ) 16 & older

**Yellow Belts Boys & Girls Open Style Forms**

F5 ( ) 8 yrs & under  
F6 ( ) 9-11 yrs  
F7 ( ) 12-15 yrs  
F8 ( ) 16 & older

**Purple & Orange Belts Boys & Girls Open Style Forms**

F9 ( ) 8 yrs & under  
F10 ( ) 9-11 yrs  
F11 ( ) 12-15 yrs  
F12 ( ) 16 & older

**Blue & Green Belts Boys & Girls Open Style Forms**

F13 ( ) 8 yrs & under  
F14 ( ) 9-11 yrs  
F15 ( ) 12-15 yrs  
F16 ( ) 16 & older

**Red & Brown Open Style Forms**

F17 ( ) Male  
F18 ( ) Female

**Black Belts Open Style Forms**

F19 ( ) Male  
F20 ( ) Female